

## **COST Action CA19136 - NET4Age-Friendly**

International interdisciplinary network on health and well-being in an age-friendly digital world

### **CALL FOR TRAINEES**

## **Value Based Health Care: how to generate value in the Age Friendly Environments**

### **The Training School.**

The **University of Rijeka – Faculty of Medicine (MEDICINSKI FAKULTET U RIJECI-HR)** under the **NET4Age-Friendly COST Action CA19136**, is pleased to launch the **CALL** for the Training School: **Value Based Health Care: how to generate value in the Age Friendly Environments**

**1-3 July 2024 Rijeka - Croatia**

- **Venue:** Braće Branchetta 20 51 000 Rijeka Hrvatska



## Call for Trainees.

The NET4Age-Friendly Training School is a multidisciplinary event open to professionals, researchers, and PhD students with a professional interest in the topic.

Any interested applicant must complete the

### **APPLICATION FORM**

<https://docs.google.com/forms/d/e/1FAIpQLSeDGAKuXk-2TqXLOO1vWuSRaN2mCzzqQq0ZluFvmHlPbqer0Q/viewform>

## Presentation.

World Health Organization defines Age-Friendly Cities and Communities as follows: ***In an age-friendly community, policies, services, and structures related to the physical and social environment are designed to support and enable older people to “age actively” - that is, to live in security, enjoy good health and continue to participate fully in society.*** <sup>(1)</sup>

The Training School wants to present the Value Based Health Care Model and its potential use and deployment in the design and improvement of care pathways for older people and the services' adaptation for the citizen value creation.

**How can we improve the health care outcomes for older people in the current care service delivery design?**

The training will consider the M.E.Porter's agenda (Harvard Business School) and each of its components giving examples coming from several VBHC implementation both in health and social care domains.

**Apply now !**

COST Action CA19136 - NET4Age-Friendly

**Training School**  
**1-3 JULY 2024**

**Value Based Health Care:**  
**how to generate value in the Age Friendly Environments**

**Rijeka, Croatia**

For more info please visit:  
<https://www.net4age.eu>

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professionals, researchers, and Ph.D. students  
with a professional interest into the topic



**NET4**  
Age-Friendly



Sveučilište u Rijeci  
University of Rijeka



SVEUČILIŠTE U RIJECI - MEDICINSKI FAKULTET

**MEDRI**

**Location:**

University of Rijeka, Faculty of Medicine



The training program will revolve around the following arguments:

- 1) The core concepts about the Value Based Health Care Model
- 2) How to deploy the VBHC into the day to day operations
- 3) The use of the ICHOM set for the outcomes measurement
- 4) The use of the Metromapping tool for the care pathway design and improvement
- 5) Work sessions for the VBHC adaptation for the Age Friendly Environments and care services development.

## Subject, aims & goals.

In the ever-evolving landscape of healthcare, the paradigm is shifting towards a model that emphasizes value over volume. Value-based healthcare (VBHC) stands at the forefront of this transformation, championing the delivery of high-quality care that prioritizes patient outcomes and experiences while optimizing resource utilization.

As social and health practitioners, your role is pivotal in shaping the trajectory of healthcare delivery. Your daily interactions with individuals and communities provide a unique vantage point to understand the diverse needs and challenges within the healthcare ecosystem. Recognizing the significance of your contributions, we embark on a journey to equip you with the knowledge and tools necessary to navigate the principles and practices of value-based care.

This training is not merely a series of lectures or presentations; it is a collaborative endeavour to foster a deeper understanding of VBHC and its implications for your daily practice. Together, we will delve into the core components of value-based care, exploring concepts such as patient-centeredness, outcomes measurement, care coordination, and payment reform.

Moreover, we will examine the intersection of social determinants of health and value-based care, recognizing the indispensable role that social and health practitioners play in addressing underlying factors that influence health outcomes. By integrating social and health care and bringing them together into the older daily life environments we can strive towards a more equitable and inclusive community space.

## Criteria to apply:

Applicants shall be engaged in an official research program, such as a PhD Student or postdoctoral fellow or can be employed by, or affiliated to, an institution, organisation, or legal entity which has within its remit scientific research.

Trainees eligible for reimbursement are from **COST Full Member Countries** (Albania, Austria, Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Georgia, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, the Republic of Moldova, Montenegro, The Netherlands, The Republic of North Macedonia, Norway, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Turkey, Ukraine, and United Kingdom), **COST Near Neighbour Countries** (NNC) or from **Approved European RTD Organisations**.

**The selected international applicants (trainees) will benefit from a Trainee Grant** to participate in the activities of the Training School in July 2023. This grant is expected to cover long-distance travel expenses (by train, ferry, bus, plane, or car). Furthermore, the international trainees will receive a fixed daily allowance amount of **110 EUR**, which is expected to cover the accommodation in Rijeka,

meals, and local transportation. Each application will be individually evaluated along with the total grant to be awarded for the 3 days.

The selected applicants (trainees) from Croatia will benefit from a Trainee Grant to participate in the activities of the Training School based on the distance to and from Rijeka and the accommodation needs. This grant will be individually discussed and agreed.

Selected trainees shall create an e-COST profile at <https://e-services.cost.eu> including bank details before accepting their e-COST invitation. They shall submit via e-COST a completed online travel reimbursement request within 30 calendar days after the end date of the approved activity.

## Trainers

**Vanja Vasiljev** and **Oscar Zanutto** are the Scientific Coordinators and Organizers of this NET4Age-Friendly COST Action Training School: **Value Based Health Care: how to generate value in the Age Friendly Environments – MEDRI University in Rijeka (HR)**.

## Key dates

- Applications opened: **08/04/2024**
- Applications submission deadline: **17/05/2024**
- Confirmation to the selected trainees: **05/06/2024**
- Deadline for e-Cost registration and confirmation: **17/06/2024**
- **Training School: 01-03 July 2024**



## TENTATIVE AGENDA

### DAY 1 (01.07)

13:45-14:00 Welcoming remarks (T.Rokavina, V.Vasiljev)  
14:00-15:00 Lecture: The VBHC core concepts (O.Zanutto)  
15:00-15:30 Coffee break  
15:30-17:30 The M.E. Porter's agenda for the VBHC transition (O.Zanutto)

### DAY 2 (02.07)

10:00-11:30 Lecture: VBHC implementation strategies in older care domain (O.Zanutto)  
11:30-12:00 Coffee break  
12:00-13:00 Lecture: how to set up a VBHC transition in health and social care services (V.Vasiljev)  
13:00-14:00 Lunch break  
14:00-15:30 workshop session: practical small working group session about the implementation of the VBHC lessons learnt in the participants care context  
15:30-16:00 Coffee break  
16:00-17:00 Plenary debriefing of the working groups' results  
20:00 – social dinner

### DAY 3 (03.07)

10:00-11:30 Lecture: cost analysis in the VBHC framework (O.Zanutto)  
11:30-12:00 Coffee break  
12:00-13:00 ValueCare Project showcase: the Rijeka Pilot experience (MEDRI Team)  
13:00-14:00 Lunch break  
14:00-15:30 Plenary Discussion  
15:30-16:00 Coffee break  
16:00 Panel Final Remarks

\* As a kick-off to this new International Training School, we will invite the trainees to discuss and debate for one hour on the work done each day.